

Sunday December 11th, 2022

Doors Open 7:30 a.m.

Gym A

Session 5: Level 2

8:00-8:20 a.m. Open Stretch
8:20 – 8:40 a.m. Announce Teams/National Anthem
8:40 a.m. Competition
10:00 a.m. Awards in Prosser Hall

Session 6: Xcel Silver

Balance,Hershey,Sunshine,Madison Y, Paramount
10:00 – 10:20 a.m. Open Stretch
10:20 – 10:30 a.m. Announc Teams
10:30 a.m. Competition
12:15 p.m. Awards in Prosser Hall

Session 7: Xcel Silver

Arena,Hope,KMC, Paragon,Spartan, Twisters
12:15 – 12:35 p.m. Open Stretch
12:35 – 12:45 p.m. Announce Teams
12:45 p.m. Competition
2:15 p.m. Awards in Prosser Hall

Session 8: Level 3 Large Team

GymOympic,Hope,Northeast,Paramount,PhillyinMovement,Precision
2:15 – 2:35 p.m. Open Stretch
2:35 – 2:45 p.m. Announce Teams
2:45 p.m. Competition
4:15 p.m. Awards in Prosser Hall

Gym B

Session 4: Level 4 Large Team

Aeon,Cumberland,Gymnastika,GymOlympic,Paramount
8:00-8:20 a.m. Open Stretch
8:20 a.m. Announce Teams/National Anthem
8:40 a.m. Competitong
11:00 a.m. Awards in Prosser Hall

Session 5: Level 4 Small Team

Arena, Hope, Northeast, Paragon, Ricochets, River Run, Spartan, Willow Grove, CO-OP, Envision

- 11:00 – 11:20 a.m. Open Stretch
- 11:20 – 11:30 a.m. Announce Teams
- 11:30 a.m. Competition
- 1:15 p.m. Awards in Prosser Hall

Session 6: Level 5

- 1:15 – 1:35 p.m. Open Stretch
- 1:35-1:45 p.m. Announce Teams
- 1:45 p.m. Competition
- 3:15 p.m. Awards

Session 7: Level 3 Small Team

Aeon, Central Bucks, Cumberland, Envision, Spartan, Gymnastika, CO-OP, Ricochets, River Run, Paragaon, Schylkill Y

- 3:15 – 3:35 p.m. Open Stretch
- 3:35 – 3:45 p.m. Announce Teams
- 3:45 p.m. Competition
- 5:15 p.m. Awards